

## What is oxygen therapy through Chi machine?

The original Sun Ancon Chi Machine is the result of **38 years** of medical and scientific research by renowned Japanese scientist [Dr. Shizou Inoue](#). The Chi Machine enables the human body to gently move from side to side in a figure of eight (the same way a goldfish swims), maximizing the body's natural absorption of oxygen, using all the movement orbits of the human anatomy. This movement may be compared to a masseuse holding your ankles and swinging you from side to side after massage.

**Oxygenation and detoxification of the body only happens through physical movement** and are the reasons we are advised to exercise so that the body functions at peak performance, thereby making it harder to age and to 'break-down' due to inactivity, poor [diet](#), negative energy, [emotional issues](#), toxic medication, [EMF's](#) and environmental pollution.

### a) Oxygenation of your body is critical:

[Oxygen deficiency of the body](#) is the proven foundation of multiple illnesses and diseases. **Bacteria, viruses and parasites are destroyed in the presence of oxygen, especially cancer.** The Sun Ancon Chi Machine aids in maintaining physical wellness and thus the prevention of illness and physical disorders by maximizing supplemental oxygenation of your entire body at cellular level via physical stimulation i.e. [Passive Aerobic Exercise](#).

### b) Daily detox of your cells is critical:

Without daily physical movement the Lymphatic System cannot detox your body. Aerobic exercise oxygenates the tissues and moves the lymph around. Lymph is a colorless fluid that bathes every cell in the body. The body has two circulatory systems, one for blood and the other for lymph. Blood is circulated by the heart, whereas the lymph is circulated by physical exercise. Many tissues depend on the lymph to provide nutrients (including oxygen) and carry off wastes. **If the lymph does not circulate then the tissues suffocate while stewing in their own acidic waste products** (uric acid, lactic acid etc.). - *Extract from [Acid and Alkaline Food](#).*



**Showcased September 4th 2009 on [THE DOCTORS](#) - Daily TV health show on CBS produced by Dr. Phil, broadcast across USA, Canada and Europe. The Sun Ancon Chi Machine - Every home should have one!**

[Health care professionals](#) - Masseuses, physiotherapists, doctors, clinics, chiropractors, day spas and [athletes](#) in the USA, Canada and Australia, are utilizing the Sun Ancon Chi Machine's relaxing, de-stressing, healing, detoxifying and oxygenation

benefits in their daily life and business practice. Thousands of people across Asia, Australia, Canada, USA, Mexico, Europe and Scandinavia use their Chi Machine on a regular basis with remarkable results being reported consistently spanning over 19 years.

□ **PRIMARY BENEFITS:**  
**ITS ALL ABOUT MOVEMENT OF THE BODY!**  
**Cellular Oxygenation, Detoxification, Spinal Alignment, Mental Focus.**

**Multiple health challenge benefits:**

Physical and mental oxygenation increases your energy and focus, raises your metabolic rate, improves your blood circulation and activates lymphatic system detoxification. The mind moves into alertness and mental focus. The very specific motion of the Chi Machine aligns your spine, regulates body functions and relaxes your body without any stress or effort. Your natural **Chi** (life force energy), is stimulated and enhanced and the brain moves into an Alpha state which thereby creates a peaceful, meditative state of calmness, mind/body healing and wellness.



The Original Sun Ancon Chi Machine.

**Goldfish Position: Arms relaxed by your sides, palms down.**  
Particularly good for releasing tension and relaxation.

**Movement of the body - consistent motion energy - creates cellular oxygenation allowing:**

- Reduction in muscle soreness, tension, stiffness, body aches and pains.
- Improved flexibility of muscles and joints, more limber - spinal alignment.
- Improved function and regulation of internal organs and body systems.
- Improved circulation of the blood - activated lymph drainage and detoxification.
- Alleviation of stress related conditions - headaches, anxiety, depression.
- The brain shifts into a relaxed Alpha brainwave state - mental calm and focus.
- Steady weight loss correction if under or over weight, or menopausal.
- Sound, restful sleep - increased energy, a wonderful sense of well-being.



**WHY OXYGENATION OF THE THE BODY IS SO VERY IMPORTANT:**

**Lack of movement and lack of oxygen results in minor to chronic illnesses.  
Cells becomes cancerous when they receives less than 60% of their oxygen**

## requirement.

75 trillion cells provide your body with the energy to carry out every brain function, body movement and the needs of all your body systems and organ functions. Each cell has only two requirements to produce this energy: **a)** Nutrient from food intake and **b)** Oxygen - Exercise (physical movement) fuels the body with oxygen which in turn carries nutrients to the cells.

### Oxygen starvation of cells in the body may result in:

Immune deficiency, cardiac symptoms, sleep and respiratory disorders, blood chemistry disturbance, anxiety, intestinal problems, depression, headaches, fatigue, stiff neck, shortness of breath, dizziness and cancer.

Otto Warburg, a two-time Nobel Prize winner, showed that the cause of cancer, is the replacement of the respiration of oxygen in normal body cells by a fermentation of sugar. Simply put, **cancerous cells cannot develop in the presence of adequate oxygen.**

### **Benefits for all ages 4yrs to 100yrs:**

The Original Sun Ancon Chi Machine is for virtually everyone including extremely busy people, children, athletes, construction workers, military, office workers, drug rehab, the physically challenged, and senior citizens. The Chi Machine 'work-out' is done lying down with no pressure, stress or tension applied to any part of your body. **NO** risk of injury. Heartbeat and blood pressure do not increase. **NO** stress to your spine, heart, muscles, ligaments, joints or lungs.



### **Excellent benefits for the frail, physically challenged, seniors, wheelchair bound or bedridden.**

Due to its low impact operation, the Chi Machine is extremely valuable to those who through age or physical limitations, can't exercise. These people in particular benefit tremendously from the gentle massaging effect created by the oxygenating passive exerciser and its assistance in the movement of lymphatic fluid in the body. **Physical inactivity leads to depression, disease and decay.** The Chi Machine gives back mental focus and energy to those who have 'lost it' or need a little help.

### ORDER



**Does YOUR body get the oxygenation it needs:  
(Adapted from a quiz by Dr. Eigi Noguchi)**

- Do you wake up tired, even after eight hours of sleep - sleep restlessly.
- Do you suffer from chronic fatigue - have poor physical endurance.
- Do you tend to be moody, irritable, tense, on edge.
- Do you suffer from allergies or asthma - susceptible to colds and flu.
- Are you frequently constipated.
- Do you have frequent pain in your shoulders and/or back.
- Do you have weight problems.

**If more than 3 of the above apply to you, your body is oxygen depleted.**

**Your Lifestyle and Environment:**

Emotional stress and largely sedentary activities contribute to chronically low levels of oxygen in your cells. Low oxygen levels will leave you feeling tired and depleted. The most effective way to acquire sufficient amount of oxygen is to exercise - to get your body moving - but many people find exercising tiring, exhaustive and time consuming. Long-term consequences for not exercising can prove to be miserable.

**Average daily living environments consist of the following stress inducing, cancer causing, oxygen depleting, physically toxic overload:**

- Use of air conditioning and heating equipment causes the weakening of skin and lung function.
- Smog, contaminated water supplies, contamination by agricultural poisons, noise increase.
- Increased height and density of surrounding concrete building structures and power lines.
- Food additives, medical or street drugs, alcohol, cigarettes or cigars.
- Cell phone use which has proven to be physically and mentally harmful.
- Rich gourmet food, fast food, processed food, - overeating combined with little or no exercise.

All of the above factors rapidly cause the quality of your daily living environment to worsen and the quality of your health to decline. The Sun Ancon Chi Machine counteracts all these environmental poisons and toxins by detoxifying, stimulating and rejuvenating your oxygen depleted body.

## DID YOU KNOW

**Bacteria, viruses, parasites and malignant tumours all thrive in a low oxygen environment?**



**"My research has convinced me that lack of oxygen is the root of most or perhaps even all disease." - Dr. Shizuo Inoue, Chi Machine Creator, Inventor and Medical Visionary.**

### **PASSIVE AEROBIC EXERCISE BENEFITS WITHOUT LEAVING YOUR HOME OR OFFICE:**

An effortless, sweat less 'work-out' for the entire body, regardless of age, health or fitness level: Simply lie down and relax. The machine is frequently used for warming up, enhanced athletic performance and metabolic rates, mental focus and the painless release of lactic acid when used to cool down after dance, athletics, martial arts or yoga.



### **The Stretched Back Position - Palms facing up.**

This position creates traction throughout your whole body helping to relieve muscular tension and discomfort.

### **WEIGHT LOSS:**

Lose weight without hours in the gym and meals of only salads and diet pills. Weight loss will tend to stay off if you use the Chi Machine on a **consistent daily basis**. Fat deposits and cholesterol are consumed through metabolic processes. The machine may also aid in the control of weight gain in your upper abs due to menopause hormonal changes.

With daily use, the Sun Ancon Chi Machine brings your body back into balance and alignment naturally. Working at cellular level, it **triggers cellular memory**, so if you are **under-weight** you will slowly put on weight and if you are **over-weight** you will steadily lose weight. By using the machine and following a healthy, nutritional, alkaline diet your body will adjust safely and naturally.

**After Effects:**

Uninterrupted peaceful sleep and a level of fitness, productivity and energy, you may not have experienced in quite a while. Mentally de-stressed and relaxed, physically revitalized and rejuvenated, thousands of owners have reported their physical pains either disappearing or being greatly reduced and dissipating as they continue using their Chi machine on a regular basis. Countless users have reported dramatically cutting back or quitting prescribed medications of their own accord due to improved health status.

**THE IMPORTANCE OF YOUR LYMPHATIC SYSTEM:**

**Your Lymphatic System MUST be activated daily in order to remove toxicity. Lymph can only be moved around the body as the result of physical activity.**

**The Lymphatic System** is spread like a tree, throughout your body delivering nutrients to the cells and removing the waste that is left behind. It is vital to take daily actions to stimulate the flow of lymph to assist in the removal of waste products from your body. In fact it is so crucial to your health, that you would die within 24 hours if this system quit working.

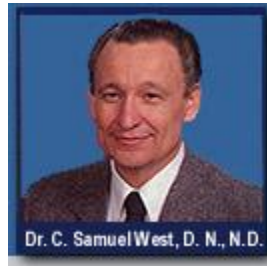
The Lymphatic System - which also includes the spleen, thymus, tonsils, and bone marrow - is constantly defending the body against millions of microscopic attackers. The lymphatic system is given considerable attention in the treatment of toxicity as well as reducing edema.

Tiny vessels carry a colorless fluid called lymph. Suspended in the fluid are lymphocytes (white blood cells) whose purpose is to fight disease and infection. The network is connected by small bean sized organs called lymph nodes. Lymph nodes - which are mostly in the arm pits, neck, groin, chest and abdomen - filter the fluid and initiate your body's immune system response.

**You have 3 times as much lymph fluid in your body as you do blood but, unlike blood there is no pump to circulate the fluid. Lack of exercise, shallow breathing and even anger** causes the lymphatic system to become sluggish, which can cause circulation to the cells to be impaired. This, in turn, can effect the removal of toxic waste. Exercise, massage and deep breathing will stimulate the Lymphatic system, enable detox, cleansing and pain release.

**If toxins are not eliminated from your cells effectively, numerous disorders affecting the Immune System will develop.** The original Sun Ancon Chi Machine effectively and speedily moves body fluids, aiding the lymphatic system in detox, extremely important for those who get very little exercise, the elderly, the sick and

people in physical rehabilitation.



**"What is so remarkable to me is the ability of the Chi Machine to activate the lymphatic vessels to purify the lymph fluid that cells live in, with little or no effort on the part of the patient."  
- Dr. Samuel West.**

**Dr. Samuel West, Chemist and Lymphologist, a leading authority on the Lymphatic System states "Every healing art on earth involves getting oxygen to cells!"** Dr. West has dedicated a lifetime studying the Lymphatic System.

"When the lymphatic vessels are properly activated they have the ability to pull out the dead cells, poisons, and excess water from around the cells to get the cells into what is called the "Dry-State".

When we do what is necessary to get the cells into the "Dry State" there is no excess water around the cells, only enough water to fill the crevices around the cells, and that is all. This is the condition that all the cells in your body must be in to get oxygen from the blood stream. Furthermore, you don't get pain, loss of energy or disease (of any kind) when the cells are in this condition." - Dr. Samuel West.

**Read More ... [Dr. West - the Lymphatic System, the Chi Machine](#)**

#### **CHI MACHINE SCIENTIFIC CLINICAL TRIALS:**



**Professor Neil Piller** one of the world's top ten leading authorities on **Lymph oedema**, said he found the Sun Ancon Chi Machine to be the most globally efficient method of lymph drainage, after he completed 16 months of scientific clinical trials and medical research, at the prestigious Medical Center of Flinders University in Adelaide, South Australia. The results were so impressive that Flinders University - who have absolutely **NO** vested interest in the Hsin Ten Company (HTE) or the Sun Ancon Chi Machine - have issued 3 booklets (Secondary Lymphoedema, Venus Oedema and Patient Testimonials), on the results of the medical trials for their patients, their staff and for the public.

**Weight loss evidence:** Even the health of the 'normal people' in the clinical trials improved - they lost, on average, 1lb of body fat per week, their measurements improved, their muscles toned up and they slept better.

**15 minutes on the Sun Ancon Chi Machine is equivalent to 1 hour of manual lymph drainage.**



**Flinders University and the Sun Ancon Chi Machine.  
Medical Research and Results**



**THE ORIGINAL SUN ANCON CHI MACHINE -  
SM-330**

**#1 Best Selling Machine For 19yrs!**

**No stress. No pain. No drugs. No more excuses - simply lie down and relax.  
Health is MOVEMENT, which creates OXYGENATION and DETOXIFICATION.**





### **The Mid Position: Hands clasped behind head.**

This position exaggerates the curves of your spine and will impart a stronger motion to your spinal column.

Beginners may use the machine for 4-6 minutes, once or twice daily. Advanced users may set timer for 15-20 minutes maximum. Frail, sick and toxic bodies must begin at 1-3 minutes and progress slowly until the body becomes adjusted. This machine is subtle, gentle and relaxing, yet creates powerful and steady, **natural** healing.

Easy to use - for ages 4yrs to 100yrs.

### **Caution - When not to use:**

Within 3 months of post surgery or bone fracture.

If suffering from open wounds or infection.

During pregnancy (best used afterwards to contract womb).

If you have an old pacemaker.

If you suffer from epilepsy.

If you have serious heart disease (unable to walk).

**Enjoy benefits every single day** - a complete internal body massage, cellular oxygenation via passive aerobic exercise, improved circulation, gentle spinal alignment (used by countless chiropractors), lymph drainage (proven clinical trials), pain release, detoxification (via your Lymphatic System), steady weight loss (if used daily alongside diet changes), natural energy boost, mental focus and alertness, relaxation and de-stress, and enhanced Chi. **When would NOW be a great time to begin? Book your session now or Buy the machine. Call 403-980-7386.**